

## You can consult your EAP about ANY PROBLEM

No problem is too small.

We encourage you to use the service as soon as the issue starts to concern you.

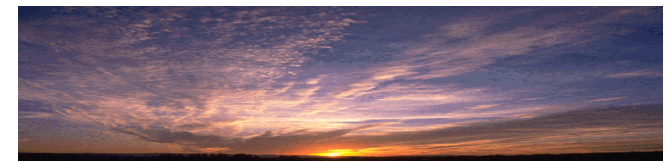
Don't wait too long — the issue may become more complex. Early intervention is the key to a successful outcome.



EAP  
is provided by:-

C-IQ  
0416 149796  
info@ciqonline.com.au  
www.ciqonline.com.au  
We are Located at  
Bundall & Other Areas  
by Appointment

  
career intelligence



**Employee Assistance Program**

## What EAP can do for you?

External professional counseling for personal or work issues

Face to face or phone counseling

Assistance to all employees and their families -  
A completely confidential service

An information & advice service for managers & supervisors

  
career intelligence

## **We are able to provide for you...**

- Qualified Psychologists
- Career Coaches & Counsellors
- Executive Coaches
- Financial/Budgeting Planners
- Lawyers
- Human Resource Professionals



**The EAP counselling and coaching is free of charge to all employees and their families.**

Occasionally, referral to other specialists or services within the community may be necessary.

No information about you will be revealed to your manager or anyone else.

The EAP is available to give counselling assistance for personal or work related problems such as, but not limited to:-

- Conflict and tension
- Stress
- Relationship & Family Problems
- Separation/Divorce
- Financial/Budgeting challenges
- Legal advice
- Alcohol and other drugs
- Quit Smoking
- Gambling
- Depression
- Personal trauma
- Grief and Bereavement
- Workplace Change
- Conflict and Tension
- Communication
- Team Building
- Productivity
- Workplace Ethics
- People Management Issues
- Career Management
- Career Change/Transition
- Relocation Support
- Onboard Coaching
- Self Employment/Business Issues
- Work Relationships
- Bullying/Harassment
- Health & Well Being

For Mangers and Leaders we are able to also provide:-

- Organisational Structuring Advice
- Mediation
- People Management Systems & Support
- Grievance & Workplace Investigations
- Staff Satisfaction Surveys
- Organisational & Personal Values Development
- Training Needs Analysis
- Exit Interviews
- Planning & Customised Training
- Psychological Profiling & Testing

