

Career Transition Success Story

One of C-IQ's recent success stories is James Petty, (pictured) who after 20 years of self-employment in a family owned fruit and vegetable business found himself at a crossroad in life.

"I was unhappy and frustrated in my job and felt the need to get out and explore new opportunities, but as a family man, this was a huge risk," says James aged 42.

"With guidance from Naomi Lawrence and Brian Lawrence, I was able to identify several networking opportunities and gain confidence, building on my background in sales and customer service."

James is now contracting to leading roof insulation company Allpro Insulation Services, helping householders and property owners take advantage of the Federal Government rebate scheme on roof insulation.

"The great thing about the rebate," says James "is that the owner does not have to pay up front unless their roof area exceeds the rebate allowance. Even then, owners only pay for the difference."

James says he is enjoying the new dynamic of dealing with clients one on one. "I really get a kick out of helping people to understand and take advantage of this great environmental offer."

"At Allpro, we offer a fantastic insulation product that is guaranteed to last the life of the dwelling. It will reduce electricity costs by an average of \$200 per year and make houses more comfortable in both summer and winter."

Allpro also offers a \$50 cash payment to households who successfully refer a new client. James is available to come to your home for a free measure and quote by contacting him on 0412 640 957 or on jamespetty@optusnet.com.au



People Highlights C-IQ People Michelle Griffiths



Michelle is an Executive HR Consultant with 20 years real world experience in Strategic HR Management, Executive Coaching, Organisational Development and Change Management. She has worked within the Public Sector as well as private sector companies from SME's to ASX listed groups in industries as diverse as Child Services, Tertiary Education, Hospitality, Banking, Insurance, Construction, Engineering, IT, Manufacturing, Transport, Gas, Energy and Mining, and Professional Services.

Our Current Work

Naomi Becomes Defence Talent

Recently the Australian Defence Force chose Naomi Lawrence to write a 20 minute training video and "star" in it on "How to find a Career Practitioner". This training video is for all Defence personnel thinking about transitioning from the Defence Force into other work and gives some great tips in the differences between resume writers and career coaches as well as the need to find direction and research prior to taking on further study.

The 2 day filming was undertaken at the Army Barracks in the heart of Sydney with Museum and Court House props. It was so much fun and a great diversion from our usual work – watch out for a glimpse on our website....

C-IQ Organises Gold Coast Blaze Basketball Players Orientation Day

This month, C-IQ organised the Gold Coast Blaze Basketball Players Orientation Day, Naomi put the players through their hoops in terms of career planning and marketing themselves, preparing them for their futures and making the most of networking. Sgt James Winter from Broadbeach Police advised the players on "Living on the Gold Coast" Wayne Hickson of Hickson Media informed the players on "Dealing with the Media" and Michelle Griffiths of C-IQ, concluded with a talk on "Communication"



Michelle & Naomi putting the Blaze Boys through their paces

C-IQ Gives Back...Free 1 1/2 Hour Workshop Every Month

Do you know someone who has recently been made redundant or is really struggling to find work and is financially challenged? One day per month C-IQ is now offering 2 places free of charge to people that really need help to get their careers or job search back on track. For application please email naomi@cigonline.com.au



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