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The Gold Coast Bulletin

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Tackling the tough times

In unstable economic times, there are several ways employees can get through a situation where they fear they may lose their jobs, says a Gold Coast careers adviser.

CIQ Career Intelligence director Naomi Lawrence has been contacted by a number of people who are, in many cases quite justifiably, edgy about the security of their employment.

"Unfortunately, many managers are also unsure about the future of their organisations, so many do not have the ability to confirm or even speculate on what may or may not happen," said Ms Lawrence.

"For staff it's a terrible thing to not know if tomorrow is going to bring with it a pink slip.

"But there are a number of steps people can follow to give themselves the best chance of retention and possible career

advancement during better times."

Ms Lawrence suggested people read all they could on developments within their industry, kept abreast of information that was disclosed about the company's performance and took some responsibility by contributing ideas for the company's survival, such as cutting costs and finding ways to generate revenue.

She also offered these tips:

- Don't be complacent in your role – try to see where you can add more value.
- Take the time to re-evaluate your career goals.
- Stay in contact with all your networks, internally and externally.
- Review your achievements to date and write them down. Think about the circumstance, the action you took and the result.
- Remind your supervisor or board of these achievements at appropriate times, making sure they are applicable to the com-



Take time out to talk to your manager

pany's current status and needs.

- Review your resume.
- Take stock of your financial commitments and be prepared

for at least a three-month career transition should you be let go.
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